ABSTRACT

A diet composition for weight control including effective amounts of *hoodia* gordonii cactus (whole plant/less roots), alone or together with any or all of chromium, vanadium amino acid chelate, glucomannan, sodium carboxymethylcellulose, citrus naringinine, green tea, cocoa extract, glucosamine HCl, ma huang, 3-acetyl-7-oxodehydroepiandrosterone, and coleus forskohlii. The effective amounts may be administered before each meal.

5

SD\Nutrimerica\10.xxx,xxx v2 (hoodia)